

Holistic Nurse Turns Stager



Maura McDonnell, RN

Maura McDonnell believes that total health not only involves diet, herbs & exercise but also that our living and work spaces should feel like a sanctuary in which to relax, rejuvenate & enjoy.

Taking her gift to “feel” the energy & potential beauty of a room, Maura has helped many friends and clients beautify their homes.

“My home was always missing that cozy feeling. After working with Maura my house has a drastically different feel. It now has so much style and comfort. She has a great eye and is wonderful to work with. I couldn't be happier!” Britt Averine, Weaverville.

After offering a free consultation, Maura typically works with her clients to use furniture & other treasures they may already have (embellishing with a few new enhancements when necessary), ultimately creating a fresh feel & look that her clients have stated is nothing short of a magical transformation!

Maura's 40 year profession as a holistic RN focused on helping children with Autism and other chronic conditions. Passionate about her message regarding how poor nutrition and environmental toxins are impacting our health, she speaks at many health conferences, published dozens of articles and cofounded Saving Our Kids, Healing Our Planet (sokhop.com). Maura is also the owner of the Weaverville-based vitamin company NutritionistsChoice.com.

Come visit Maura's vignettes and special treasures used in staging (and for sale) at MauraThis.com, Gotta Have It! and Shabby Chic Consignment Boutique.

For a free consultation email MauraHealth@aol.com or call 609- 240-1315.